## PPAL PAINTING ABSTRACTS IN PASTEL

Saturday, May 16, 2015 With GAIL BEEM

(Finalist in Artist's Magazine 30<sup>th</sup> Annual Art Competition)



Loosen up and play! Rev up your expressiveness. Come explore the possibilities.

Abstract painting is a way of painting in which everything can be done, but nothing must be. Feel the freedom and throw out the rules, the musts. Loosen up! Allow your expressiveness, intuition, spontaneity, and emotion to come forth. Stretch. Explore. Play. Discover that there is more than just painting reality. Experience the joy of playing with materials, colors, shapes, ideas, and design.

In abstraction, the artist must move away from what is seen to another form of expression.

Abstract painting stimulates an experimental and expressive approach to realism and leads to an individual and unique approach.

In this workshop, we will begin an exploration in abstraction through different exercises. I invite you to play with the materials, colors, shapes, textures, and ideas to begin to explore what might be possible.



## **MATERIALS**

- 1. SANDED PAPER--Uart, Wallis, Art Spectrum, etc.
  - a. 20 or more very small pieces—4 x 6, 5 x 7, 6 x 8 for exercises
  - b. 5-8 pieces of 8 x 10 or 9 x 12 for more finished work
  - c. Mostly white, beige, or light colored paper. Some colored OK.
- 2. Newsprint or cheap drawing paper

- 3. Pastels—A mix of hard and soft pastels. Hard pastels especially for underpainting. AS MANY COLORS AS POSSIBLE.
- 4. If possible bring at least one of the following mediums: Water colors, fluid acrylics, acrylics, or water based oils.
- 5. Alcohol or Turpenoid
- 6. Two 3/4" or 1" brushes, synthetic are best.
- 7. Charcoal
- 8. Artist's Tape—blue painter's tape
- 9. Easel
- 10. Board to support your paper on the easel.
- 11. Drop cloth.
- 12. Paper Towels.
- 13. A small jar of Golden Acrylic Ground for Pastels or a small jar of Golden Fine Pumice Gel. This can be shared.

